



Individual support planning (ISP)

MODULE 3. METHODOLOGY WORKING ON QOL WITH AAWID

SEQUENCE 1 INDIVIDUAL SUPPORT PLANNING

LESSON 1



Disclaimer

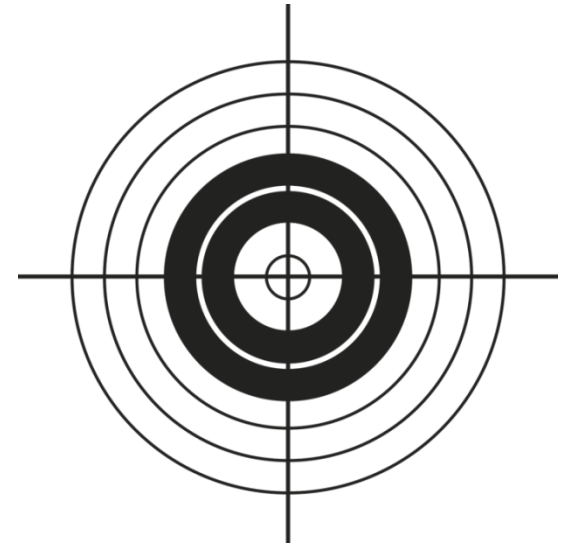
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Objectives

To understand the most important characteristics
of the conceptual model:

Individual Support Planning

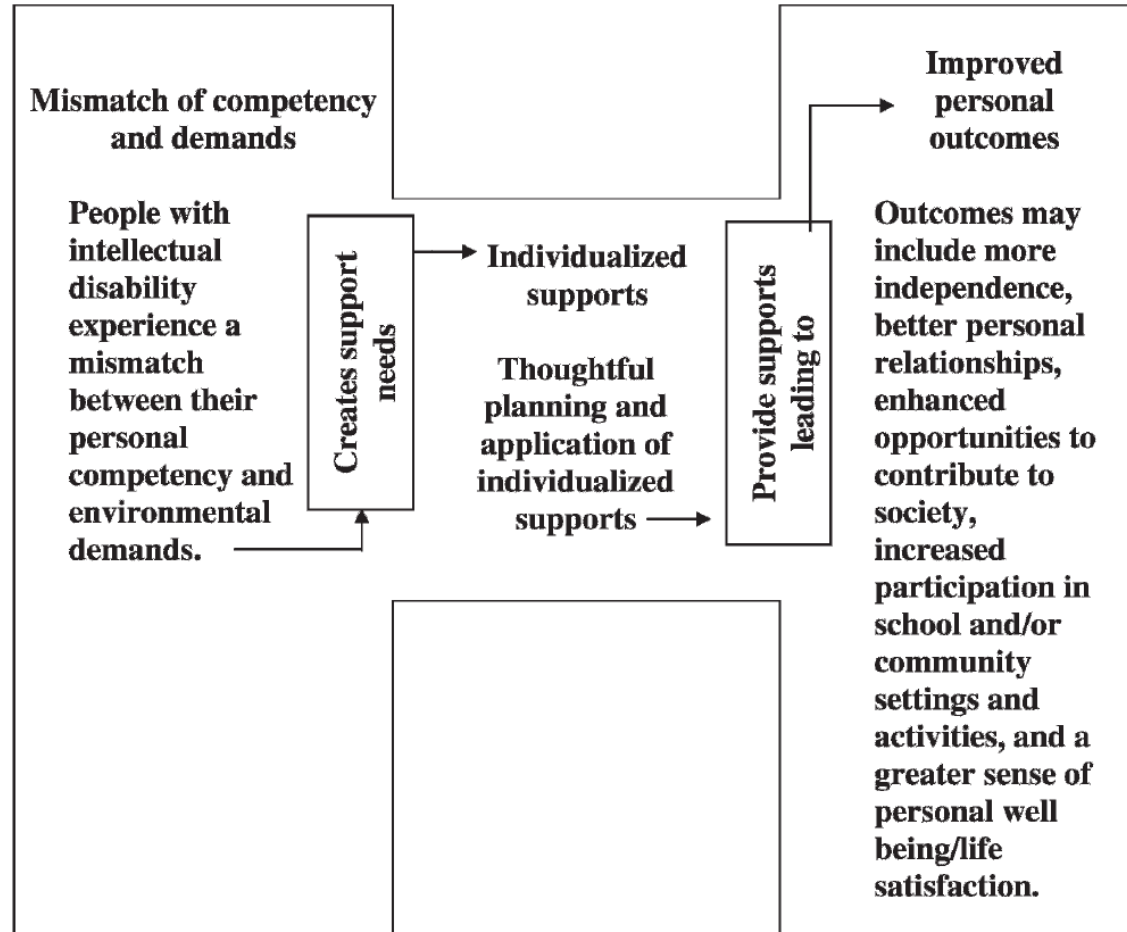




Individual Support Planning (ISP)

- *"...the function of support plans is to identify the resources and strategies that will bridge the gap between the challenges that a person with intellectual disability experiences in life activities (i.e., person-environment mismatch) and the life experiences and opportunities (i.e., outcomes) that the individual values."* (Thompson et al., 2009)
- *"The process of determining support needs with and of a person with ID, specifying agreements and goals on what, where, when, support is being delivered and by whom. It encompasses monitoring implementation and evaluation of the agreements and goals".* (Herps et al., 2013)
- *"The Individual Support Plan (ISP) is a digital or written document that results from Individual Supports Planning".* (Herps et al., 2016)

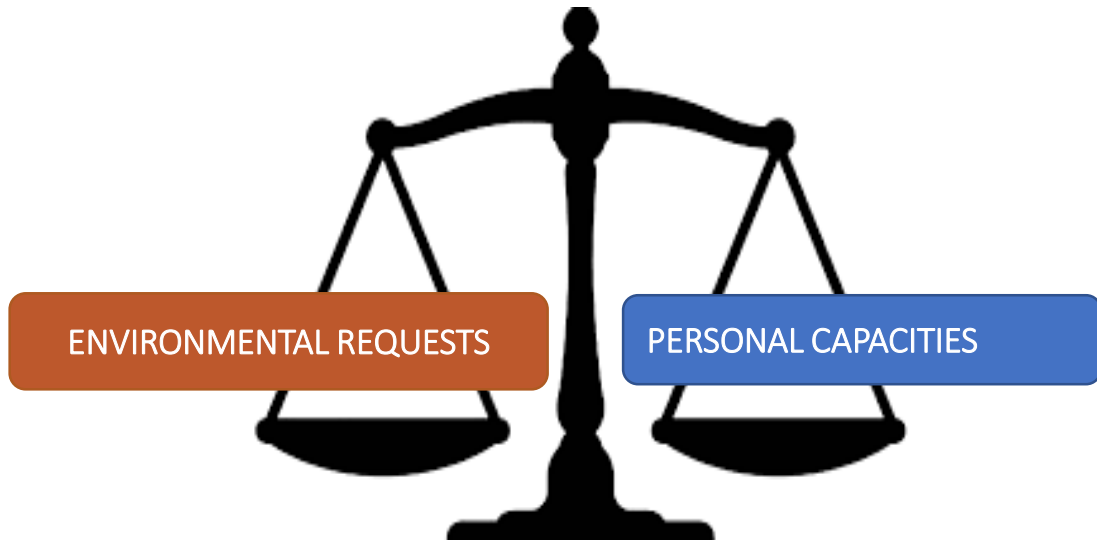
Support model



Thompson et al., 2009

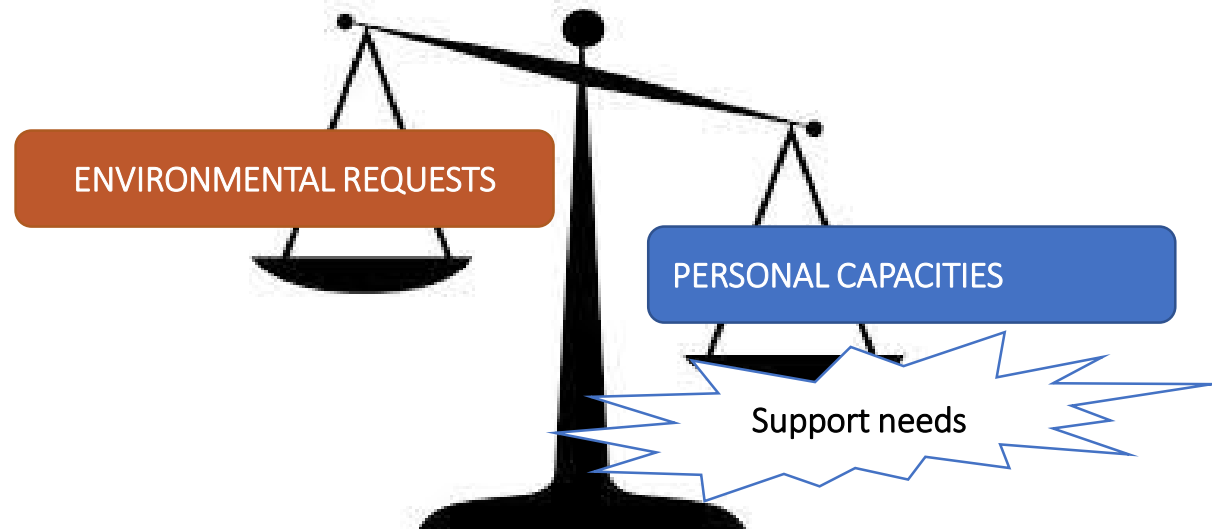
Individual Support Planning (ISP)

Person with a typical functioning



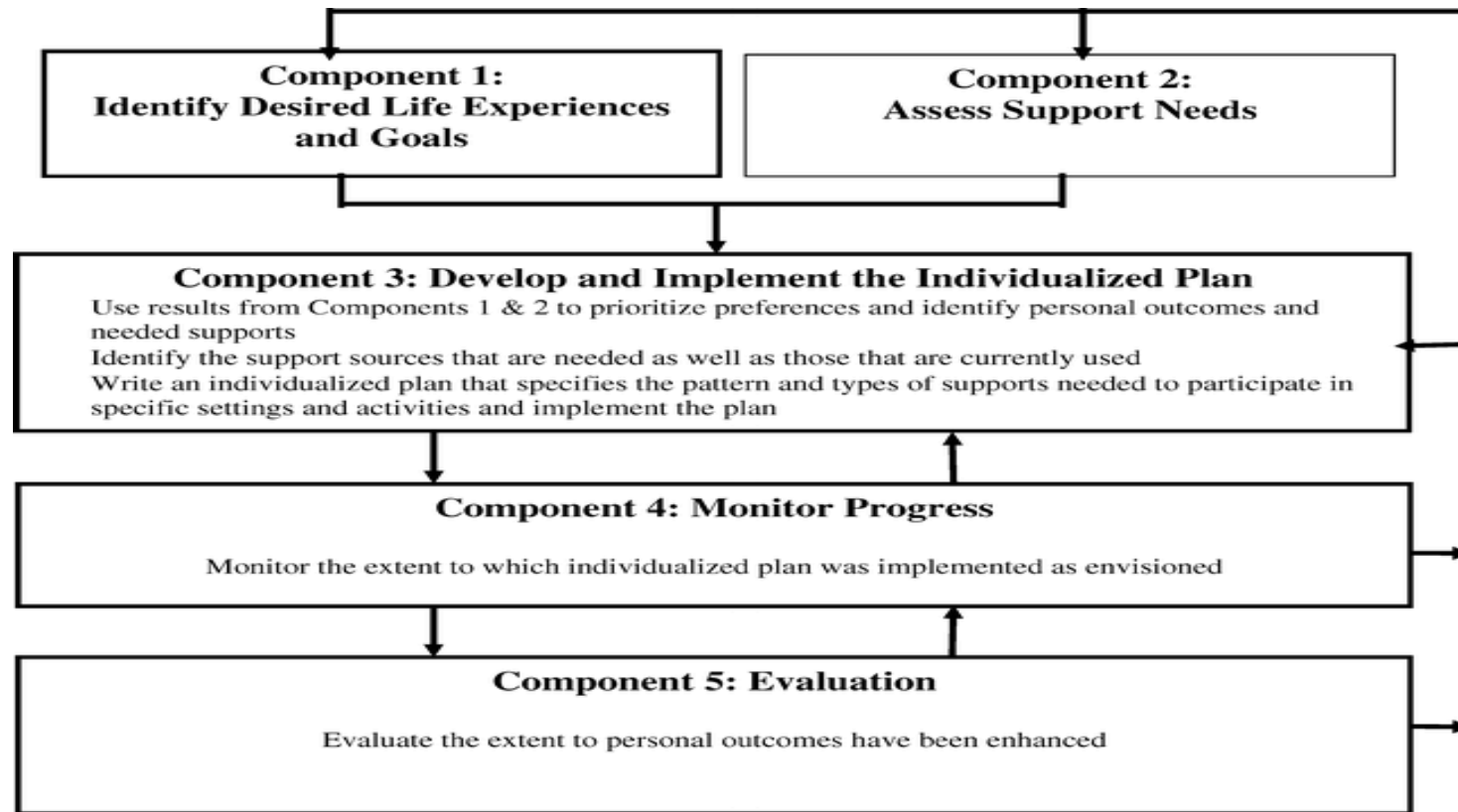
There is no discrepancy

Person with intellectual disability



There is discrepancy

Conceptual model individual supports planning



Thompson et al., 2009

Conclusions

- ❑ Individual supports planning refers to the process of developing personal goals, selecting resources and developing support strategies in response to support needs of persons with intellectual disability (ID). (Herps et al., 2016)
- ❑ “...supports are a bridge between what is and what can be through the reduction of the mismatch among a person’s capabilities , the demands of his/her environment, and the consequent enhancement of personal outcomes” (Thomson et al., 2009)



The person-centred support-plan

