



Core principles of QoL

MODULE 2 IMPACT OF AGEING ON QOL OF AAWID

SEQUENCE 1: CONCEPT OF QOL

LESSON 1



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Core principle of QoL



1. Multidimensional

What is important in your life?

Mentimeter



“QoL is a multidimensional phenomenon composed of core domains influenced by both personal characteristics and environmental factors” (Schalock et al., 2010)

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2. Universal and culturally bound

Was ist wichtig in deinem Leben?



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What is important in your life?



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你生命中最重要的是什麼？ - What is important in your life?



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What is important in your life? O que é importante na tua vida?



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HoGent

3. Subjective



4. Dynamic

QOL transforms with age.

QoL is influenced by a person's dreams, expectations and aspirations.

It also implies that with the right support, a person's QOL can be improved.

QoL can be enhanced by self-determination, resources, purpose in life, and a sense of belonging.

Reference

Schalock RL, Keith KD, Verdugo MA, Gomez LE et al. Quality of life model development and use in the field of intellectual disability. In: Kober R. ed. by. Enhancing the quality of life of people with intellectual disabilities. Springer, New York; 2010. 17-32.

