

Unit 14: Choosing end life care and palliative care

Exercise 5: The sequence in choice-making for palliative care



Activity 1:

Choosing palliative care is not an easy task. You need to consider many different steps before you make a final choice. Worksheet 2 suggests 8 steps in the process of choosing palliative care. Activity focused on the process of choosing palliative care.

Steps:

1. AAWID receives 8 pieces of paper on which are written different steps of this process.
2. Then he should order them in the right sequence.

I try to find out which are the providers of palliative care in my region.



I visit the hospice to see how it is there.



I discuss my need for palliative care with the people I trust (my personal caregiver, social worker, doctor, my family).



I get the information about how much the palliative care costs and how the expenses for my stay can be covered.



I try to find out what services are included in the palliative care.



I go to my primary care doctor for referral.



I give the address of the hospice chosen to my loved ones.

