

## Unit 14: Choosing end life care and palliative care

### Exercise 1: What are end-life and palliative care?



## Activity 2: Creating awareness about palliative care



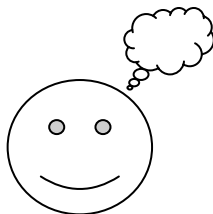
This activity aims at providing more detailed and easy-to-understand information to AAWID concerning palliative and end-life care.

1. AAWID should first watch some videos on the topic – it depends on the ability for concentration of AAWID how many videos will be watched in one session. In the template the educator would find three videos that could use if deemed appropriate.

2. Then, based on the information he has got from the video/videos, to write down in a table the 3 most important things he has learned about palliative care, 3 things he has not been able to understand about palliative care, and 3 things about palliative care he wants to learn more about.

**NOTE:** The educator should find appropriate videos that reflect the reality in the country of residence. The videos should be either in their national language or have translated subtitles.

- Awareness video on palliative care provision  
<https://www.youtube.com/watch?v=MUKdBWTqSMM>
- Exploring End-of-Life Care Options  
<https://www.youtube.com/watch?v=b3DRdtSAHrY>
- Palliative Myths – Episode 1  
[https://www.youtube.com/watch?v=HvguLSL-AJU&feature=emb\\_logo](https://www.youtube.com/watch?v=HvguLSL-AJU&feature=emb_logo)
- Palliative Myths - Episode 2  
<https://www.youtube.com/watch?v=NUH3ukYPk5k>

<b>Most important things I have learned</b> 	<b>Things that I was not able to understand</b> 	<b>I want to learn more about...</b> 
1.	1.	1.
2.	2.	2.
3.	3.	3.