

## Unit 11: Learning about your rights

### Exercise 4: How do my rights “work” for me?



## The story of Philip – part III

Maria visited Philip and his mother at their home. There the three of them talked about the help Philip and his mom need in order to be able to maintain their household and keep the ownership of their house. Together, they decide that they will hire a person to help Philip with the housework and another to take care of his mother. Maria tells them that there are social services that are provided at home which can meet exactly these needs of theirs. Both services can be covered by the state budget, so Philip and his mom should not contribute financially. The services she offers are a **personal assistant** for Philip's mother - a person is hired to take full care of her (personal hygiene, medication, etc.) - and a **domestic helper** to help Philip maintain the household (cleaning, shopping, cooking, etc.). In addition, Katherine suggests that Philip, once when he already has a hired person to take care of his mother, start attending a **daily care centre for people with disabilities**, where he will be able to learn additional things about how to take care of their home in a better way, how to maintain his hygiene, how to manage his time, how to better manage his budget and much more. Maria also tells him that there he will meet many new people at his age and will be able to find new friends. Philip and his mother fully agree with Maria's suggestions and together with her fill in the necessary application documents.

This exercise comprises of a continuation of the story from the second exercise and a quiz with five questions with three possible answers each. This part of the story represents how a person with special needs can take advantage of his or her rights and gain access to various social services to support his functioning as an independent and self-sufficient individual. While the quiz consolidates the AAWID's knowledge about different types of social services and how he can benefit from them.

The educator could help AAWID to understand the essence of the story by:

- **first**, explaining him in detail every social service mentioned in the story;
- **second**, asking him questions to check his level of understanding:
  - Why Philip's mother needs a personal assistant?
  - If you need someone to help you with maintaining your household, what would be the social service that you would apply for?
  - Why Maria is helping Philip and his mother for applying for social services?




To smooth the transfer of the new knowledge gained by the AAWID from this exercise to his real life situation, the educator could ask AAWID some reflective questions like:

- What are the main challenges you face in your everyday life. What activities are most difficult to you?
- Do you think that some of these social services could be useful for you and/or your family?
- Is there something or someone that deprives you from exercising your rights? Why do you think so?




Is there a person in your life, like Anna is for George, who supports you in hard times and could advise you properly when needed? Could you tell me more about this person, how he has supported you so far? Why do you trust him?

## Activity 1: Quiz




### 1. What service does Maria offer for Philip's mother?

	A	Personal assistant to take care of her (to manage her personal hygiene, to manage the medicines taking, etc.)
	B	Daily care centre where she can meet new people and make friends
	C	Domestic helper (or home assistant) to help her with the household activities



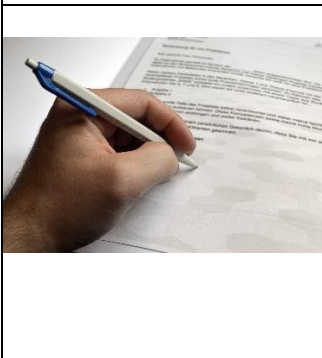
2. What service does Maria offer to Philip?

	A	Domestic helper to help him with the household activities
	B	To accommodate him in a specialised institution for elderly
	C	Personal assistant to help him with managing his personal hygiene

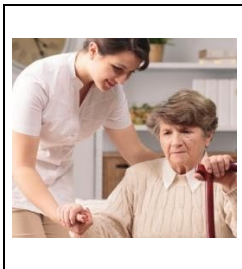


3. How would Philip benefit if he starts visiting a daily care centre?

	A	He will find a job
	B	He will have more free time
	C	He will learn new things and will meet new people at his age

4. What did Philip and his mother have to do to get the services?

	A	To pay the fee
	B	To call to the social services
	C	To fulfill the application documents

5. Which is Maria's work?

	A	Personal assistant
	B	Domestic helper
	C	Social worker