

## Unit 11: Learning about your rights

### Exercise 1: What are my rights?



## Activity 1: Right or wish?

Every person, being a citizen, i.e. a member of a certain society and living within the borders of a certain country, may enjoy various benefits that are due to him by right or in other words - to enjoy certain rights. However, this does not always have anything to do with his desires as a person, so each of us needs to be able to make a difference.

This Activity aims at clarifying the concepts of desire and rights. The activity envisages the use of image cards, placed in the activity's template, which show some of the rights of people with disabilities and different personal desires.

1. The educator should print and cut the individual cards with the different wishes and rights and take the time to clarify what exactly the particular image illustrates.
2. He then gives AAWID the task of distinguishing which of the images represent civil rights and which represent wishes. The aim of the activity is for the aging adults with an intellectual disability to learn how to distinguish what is right and what is a desire while learning what his basic rights are as an adult and as a person with an intellectual disability.

**Note:** The educator must keep in mind that for some people with intellectual disabilities, the concept of 'rights' may be too abstract and they may have great difficulty with this exercise. In such cases, the educator should devote additional time and attention to thoroughly discussing the various rights and clear up any ambiguities before following the instructions.



Healthcare



Independent living



Personal mobility



Entertainment



Work and employment



Friends