

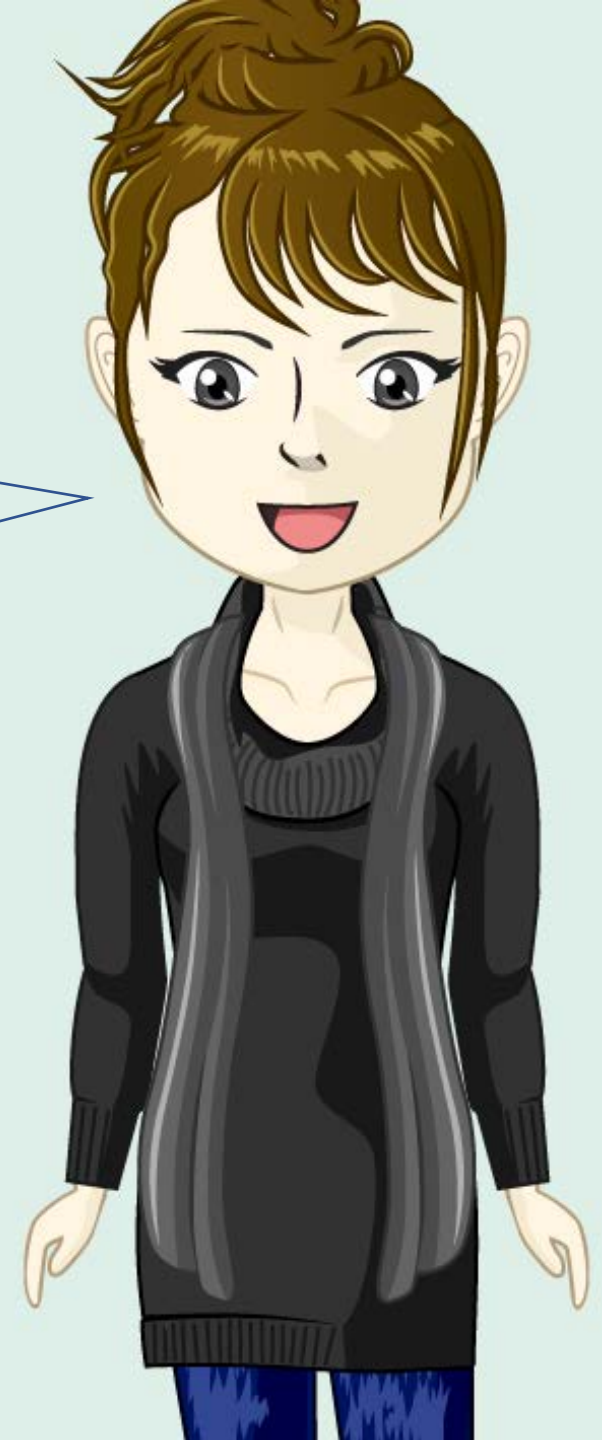
How do I wish to  
(re-)connect with people that  
are important to me?

## Exercise 2

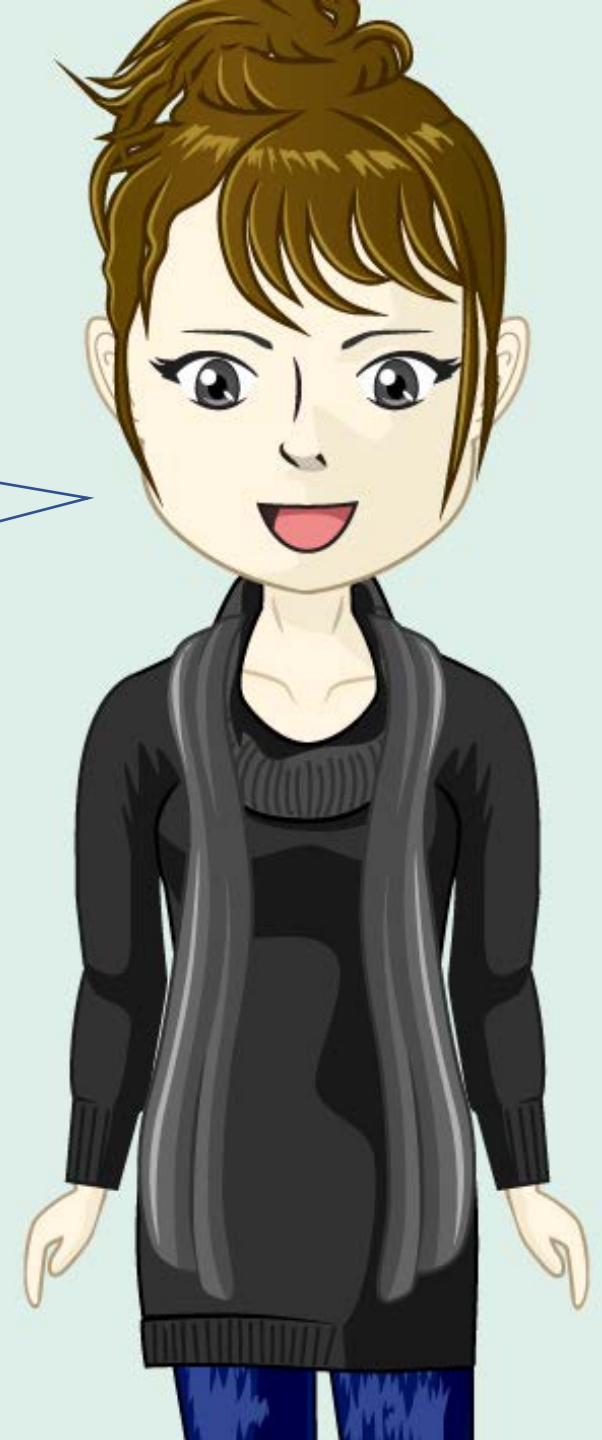


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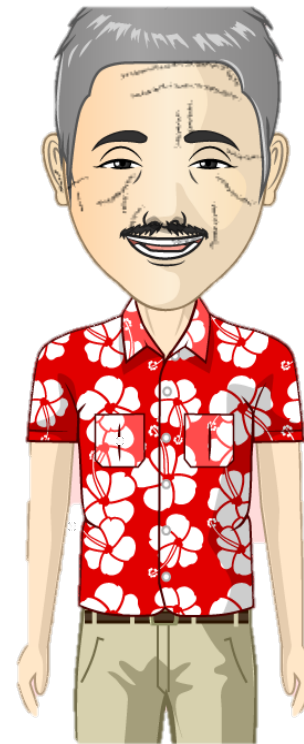
Today we will talk  
about ways we can  
get into contact  
with others.



But first, we will  
continue with the  
story of Sam



Do you remember who is who?



This is how often Sam would like to see those persons.

Jos = **Every day**



Tessa = **1 time a week**



**Tony** = **few times a month**



Support worker  
from the group home =  
**1 time a month**



His neighbours  
from the farm =  
**few times a year**



Sam's support worker has found out that Jos is living in a group home, one hour away from where Sam lives.

She asks Sam to think about how he will be able to see his friend every day?



Sam realizes that he won't be able to visit Jos every day because Jos lives too far away and he himself has difficulties moving around.

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Jos is able to take a bus to visit Sam.

They decide that Jos would visit Sam at the retirement home every other week.





The support worker also proposes Sam to learn how to use WhatsApp.



This way he can text or even see Jos with face-time every day.



Sam is happy with the idea. Maybe he can use it to contact his brother Tony and Tessa as well? However, he hasn't seen them for more than 25 years? Maybe they are still angry with him?

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The support worker asks Sam what he would like to say to his brother if he were to see him again.

Maybe he can make a video with his smartphone and send it to Tony and Tessa?



Sam decided it would be best to write a letter. He asks his support worker to help him with it. He will send the letter using email on his notebook.



The support worker then asks Sam how he wishes to get into contact with his neighbours. They appear to have moved away as well.



Sam has heard how people found each other through social media, by using Facebook. Maybe he could learn how to use Facebook as well?





# Exercise 1

## Questions

Is Sam able to see  
Jos every day?



Explain your answer



Did Sam know how  
to contact his  
brother?



Explain your answer



Can Sam contact people  
without knowing their  
address or phone number?



Explain your answer

