



## **Exercise 3.3. Identifying my income**

People with intellectual disabilities have difficulty identifying their weekly/monthly income and where their money comes from. In this exercise, the educator will define the idea of income, the different types of income and how often we earn money in a way that AAWID can understand.

The educator will ask to the AAIWD to answer the three questions below.

- What is an income?
- What types of income are there? (Fixed and variable)
- How often do I earn money? (Weekly, monthly, annually)

After that, the educator will define the concepts together with the AAWID.

Note: These definitions should be written somewhere visible (such as a board) so that we can check them whenever it is needed and are able to do the following exercises.

In order to consolidate the concept of income, the educator will carry out the following practical activities:

Identify which incomes are fixed.

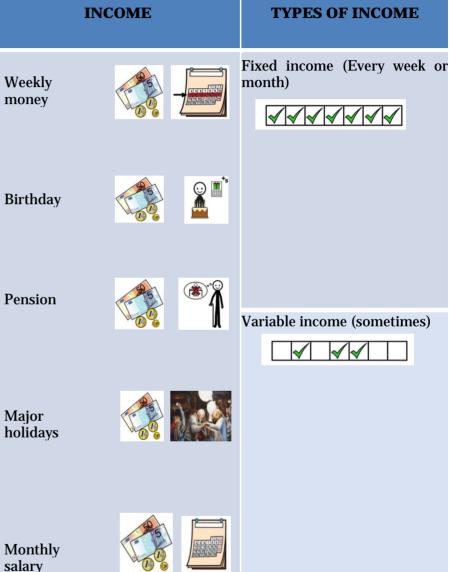
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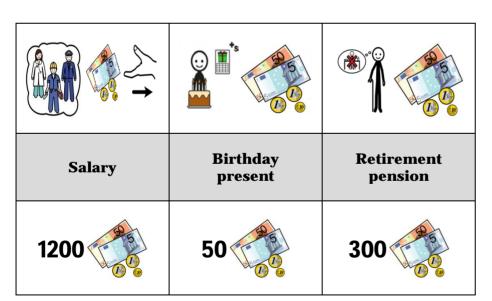


In order to explain this exercise, the educator can continue with Philip's story. Once Philip's income has been explained, the AAWID should identify his/her income and fill in the template that will be provided on paper.

Philip earns  $\in$  1200 every month for his work in the garden centre. It was his birthday this month and his sister gave him  $\in$  50 so that he can buy whatever he wants or take his friends to a coffee shop. Philip also has a small pension of  $\in$  300 a month.

We are going to help Philip find out how much money he has this month.

Identify the concepts that account for Philip's money and corresponding amounts, and place them in the appropriate box:



Income	Amount 3-7
Total:	





You will now repeat the exercise, but this time with your own income.

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Income	Amount
Total:  Total:  Total:	