

## Exercise 5.2. What does it happen when we get older?

Following the dynamic of the exercise 1, we could now ask the AAWID to explain the changes that happen in the human body when we get older. To this purpose, it can be used the story of the George in the exercise 1 or the following pictures.



Once we have finished to explain the example and/or the story of the exercise 1, the AAWID should talk about the changes they feel in their body compared to when they were younger.

**Note:** the objective of this exercise is to improve the understanding of which are the most common changes that happen over time and to realize that our body is not the same as when we were younger.