

Exercise 3.2. What concerns me about money?

AAWID -individually or by group- are invited to reflect on their own economic situation, focusing on how to optimize the income and the spendings when they get older. Some examples to reflect could be:

Who will take care of me?



• Will I need to move to other accommodation? Will I be able to aford it?

Residence for the elderly	Residence for people with disabilities	Own housing
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• Who will help me with money management? (family members, caregivers, friends...)





• Will I have enough money to cover my new needs?



Once AAWID has expressed their concerns, the educator will search for potential solutions such as talking to his/her family members about those concerns, seeking help from others, etc.

Finally, the educator is suggested to focus on the right of the person to decide how to manage his/her own money. He/she will open a debate.

Reflection and debate: Do I have the right to manage my own money?